



January 28 2023

**Men's Outdoor Pent**

Name		Age	Outdoor Pent Score	Long Jump	Score	Javelin	Score	200m	Score	Discus	Score	1500m	Score
Sam	Norris	U18	<b>1103</b>	4.66m	319	19.91m	160	25.50	564		0	7.05.91	60
Garry	Hastie	M60	<b>2405</b>	4.29m	576	<b>37.14m</b>	600	31.26	560	31.93m	481	7.37.23	188
Harold	Membrey	M70	<b>943</b>	2.24m	135	16.50m	239	42.37	170	19.41m	325	9.00.42	74

**Garry broke the club M60 Javelin Record**

Name		Age	Long Jump	Javelin	200m	Discus
Ruth	Johnson	W80	2.39m	10.85m	46.72	11.83m
Sharon	Moloney	W60	1.73m	15.82m	41.32	19.29m
Luella	Jenkins	W80	2.37m	14.67m	DNF	<b>17.96m</b>
Michelle	Krokosz	W35		28.00m	35.32	32.28m

**Luella broke the club W80 Discus Record**