



**February 18 2023**

**Points**

<b>Weight Throw</b>			<b>Distance</b>
Ruth	Johnson	W80	7.28m
Sharon	Moloney	W60	8.58m
Harold	Membrey	M70	11.11m
Garry	Hastie	M60	10.74m
John	Fettus	M45	13.19m

**Informal**

<b>Javelin</b>			<b>Distance</b>
Ruth	Johnson	W80	10.22m
Sharon	Moloney	W60	14.44m
Garry	Hastie	M60	34.84m