



January 17 2023

Points

400M			Time
Sharon	Moloney	W60	1.49.90
Rob	Antoniolli	M70	1.37.71
Jonah	Kenny	U18	57.68
Ruth	Johnson	W80	1.53.71
Lyle	James	M80	2.50.49
Bruce	Cornish	M70	1.49.27
Michael	Byrne	M70	1.10.60

Non Points

Javelin			Distance
Garry	Hastie	M60	34.80m
Sharon	Moloney	W60	16.20m
Luella	Jenkins	W80	15.01m
Ruth	Johnson	W80	9.03m
Harold	Membrey	M70	15.88m
Brian	Waldhuter	M80	11.74m
Deb	Cox	W55	14.03m
Lyle	James	M80	4.63m
Paula	Kennedy	W55	17.60m
Bruce	Cornish	M70	19.75m
Calum	Membrey	M30	15.64m
Mick		Visitor	33.92m

Non Points

60M			Time
Sharon	Moloney	W60	11.18
Luella	Jenkins	W80	12.80
Bruce	Cornish	M70	11.70
Rob	Antoniolli	M70	10.68
Lyle	James	M80	17.31
Michael	Byrne	M70	9.68
Brian	Waldhuter	M80	12.34

Points

Long Jump			Distance
Sharon	Moloney	W60	1.86m
Ruth	Johnson	W80	2.28m
Luella	Jenkins	W80	2.30m
Jonah	Kenny	U18	NJ
Michael	Byrne	M70	3.17m
Rob	Antoniolli	M70	2.20m

Points

1500m			Time
Jonah	Kenny	U18	5.30.38
Michael	Byrne	M70	6.08.78
Ruth	Johnson	W80	9.49.07
Calum	Membrey	M30	6.52.56
Mick		Visitor	7.40.38
Garry	Hastie	M60	8.38.14
Harold	Membrey	M70	11.46.97
Paula	Kennedy	W55	12.11.76
Bruce	Cornish	M70	11.46.97

walked
walked
walked
walked

Non Points

Hammer			Distance
Luella	Jenkins	W80	19.71m
Sharon	Moloney	W60	26.56m
Ruth	Johnson	W80	19.11m
Deb	Cox	W55	16.84m
Brian	Waldhuter	M80	15.57m
Harold	Membrey	M70	25.56m
Darren	Brennan	M40	12.67m
Garry	Hastie	M60	24.83m
Paula	Kennedy	W55	27.32m
Lyle	James	M80	4.27m
Bruce	Cornish	M70	23.86m